

# Lending a Healing Hand

Photography by **Lance C. Bell**



**Shauna Fiorentino, owner, demonstrates technique to Autumn Apsy, intern.**

**The Hand Institute**, a new rehabilitation facility located in downtown Cumberland, offers a healing hand to those suffering from ailments related to the upper quarter. Open since July 12, 2010, The Hand Institute staff specializes in state-of-the-art treatment of injuries to the neck, shoulder, elbow, wrist and hand. Treatment consists of thorough education of the patient's diagnosis, development of an individualized plan of care, communication with your physician and of course, hands on treatment to help assure maximal recovery. At The Hand Institute, they utilize the very latest techniques. The treatment may include custom splint fabrication, stretching, strengthening, therapeutic massage, functional activities and the use of modalities such as ultrasound electrical stimulation, laser, iontophoresis, etc.

Owner-operator Shauna Fiorentino, a registered and licensed Occupational Therapist (OTR/L) and certified hand therapist (CHT), brings a wealth of dedication, experience and training to her new enterprise. A graduate of Findlay University of Ohio, she pursued an additional five years of specialized training to earn her designation as a certified hand therapist. To stay current in her field, she has made it a point to complete extended tutorials with some of the finest hand surgeons in the U.S., including those of the Philadelphia Hand Center and UCLA.

To her, the effort is all worthwhile. "The hand is extremely complicated," she explains. "We manipulate our world with our hands and don't often realize how valuable they are until injured and the effects can be devastating." Working with a certified hand therapist ensures the highest level of competency.

"I have wonderful people with me," says Shauna of her staff. Karen Shambaugh and Jared Adams, both certified

Occupational Therapy assistants, have each worked for ten years with Shauna. Karen specializes in the treatment of Lymphodema while Jared works with sports injuries and the care of the shoulder. Cortney Logsdon, OTR/L, recently joined the staff after completing a hand rehabilitation internship.

For more than a decade, Shauna has shared her expertise with students at Allegany College of Maryland and has been asked to speak on topics related to treatment of the upper extremity throughout the mid-Atlantic region. "This is how the name of the facility was derived. I envision combining my love for treating patients as I always have, yet having my own facility will also allow me to bring continuing education courses locally."

## THE HAND INSTITUTE



**Shauna Fiorentino, OTR/L CHT**

**The Hand Institute is located in the Vista Towers, Suite 301, at 217 Glenn Street in Cumberland. For more information, please call 301-777-2170.**