

# Harvest Moon Market

## *Sustaining and Nourishing the Local Community*

Accident, Maryland



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Buy Local is taking on a new meaning in Accident, Maryland. The Harvest Moon Market, a new natural foods market, now offers area residents and vacationers a convenient option for buying food and other necessities not previously available close to home. Conceived as a one-stop grocery store where people can purchase necessities, the Market will offer a variety of natural and organic foods, along with eco-friendly personal care products and household supplies. The Market hopes to support local



farmers and food artisans by offering them a venue to sell their products.

Local entrepreneur Lisa Jan conceived of the Market as part of her network of sustainable businesses in the area that now include Blue Moon Rising and the MoonShadow Café located nearby. According to its stated Core Values, the Market seeks to promote health with fresh, natural foods, practice environmental stewardship through Green practices like recycling and energy efficiency, and provide excellent customer service.



“We’re part of a movement of getting back to our roots with a focus on what we eat,” Chris says. “People are slowing down and enjoying time with family by preparing food with good ingredients.”

Harvest Moon Market opened in May 2016. Highlights include a bulk foods section, a café corner featuring in-house soups, pizza, smoothies, breakfasts and lunches, and a coffee bar featuring beans roasted on the premises. The market plans to offer grains, pastas, dried fruits, frozen foods, local and organic produce, yogurt, eggs, cheeses, milk, beef that is grass-fed and free-range, free-range chicken and pork, and seafood. Meats sold will be Certified Naturally Grown and free of hormones and antibiotics. Fresh baked bread and cakes made from scratch by an experienced local baker will also be available.

A spacious kitchen below the Market has allowed the owners to establish Harvest Moon Catering, now offering box lunches, breakfasts, lunches, dinners, cakes, and cocktail/bar setups. Harvest Moon’s catering potential expanded significantly when it merged with Catering by Champions of Oakland, Maryland. A wide range of catering services is in the works, including meal service, equipment rentals, special events, and business and vacation functions.



“We’ll do what we can handle and grow with the rest,” Chris says. “This is something our community needs.”

**Harvest Moon Market**  
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